

YEAR IN REVIEW

2022



The Clinical Compass continues its work in a meaningful and transparent way to fulfill our mission of helping validate the care chiropractors provide. Our Scientific Commission has been hard at work over the past several years, completing two significant publications and initiating our most recent project.

The Clinical Compass is a fundraiser-driven organization, and we rely on state associations and individual memberships along with organizations close to the chiropractic profession to make our organization viable as we help fill the gap in knowledge about chiropractic.



NCMIC committed a total of \$100,000 to the Clinical Compass starting back in 2019 so that we could publish research to strengthen our profession. Dr. Cheryl Hawk has been the primary investigator of multiple projects over the past several years made possible because of this partnership. A list of those publications can be found on the next page.

PUBLICATIONS

07/01/2019—06/30/2020: Clinical Practice Guideline: Chronic MSK Pain

Hawk C, Whalen W, Farabaugh RJ, Daniels CJ, Minkalis AL, Taylor DN, Anderson D, Anderson K, Crivelli LS, Cark M, Barlow E, Paris D, Sarnat R, Weeks J. Best practices for chiropractic management of patients with chronic musculoskeletal pain: a clinical practice guideline. *J Altern Complement Med* 2020;26(10):884-901. <https://www.liebertpub.com/doi/10.1089/acm.2020.0181>

07/01/2020—06/30/2021—Clinical Practice Guideline: Health Promotion

Hawk C, Amarin-Woods L, Evans MW, Whedon J, Daniels C, Williams RD, Parkin-Smith G, Taylor D, Anderson D, Farabaugh R, Walters SA, Schielke A, Minkalis AL, Crivelli L, Alpers C, Hinkeldey N, Hoang J, Caraway D, Whalen W, Cook J, Redwood D. The role of chiropractic care in providing health promotion and clinical preventive services for adult patients with musculoskeletal pain: a clinical practice guideline. *J Altern Complement Med* 2021
<https://www.liebertpub.com/doi/full/10.1089/acm.2021.0184>

07/01/2021—06/30/2022—Clinical Practice Guideline (Update): Low Back Pain

Whalen WM, Hawk C, Farabaugh RF, Daniels CJ, Taylor DN, Anderson KR, Crivelli LS, Anderson D, Thomson LM, Sarnat RL. Best practices for chiropractic management of adult patients with uncomplicated low back pain: a clinical practice guideline. *J Manipulative Physiol Ther* 2023 (in press).

ADDITIONAL PROJECT

for which Commission Chair was partially funded:



09/01/2021—12/31/2022—Best Practices for Chiropractic Care of Children

Keating G, Hawk C, Amorin-Woods L, Amorin-Woods D, Vallone S, Farabaugh R, Todd A, Ferrance R, Young J, O'Neill-Bhogal S, Sexton H, Alevaki H, Miller J, Parkin-Smith G, Schielke A, Robinson A, Thompson R. Best practice management of infants, children, and adolescents by chiropractors. In review at J Integrative Complementary Med.

07/01/2022—06/30/2023—Systematic Review: Cost Comparison of Chiropractic vs Medical Care


Farabaugh RJ, Hawk C, Taylor DN, Noll C, Daniels CJ, Whedon J, Schneider M, Wilcox R, Suiter L, McGowan J, Whalen W. Cost comparison of chiropractic vs medical care for adults with spine-related pain: a systematic review. Project is on schedule for completion by 06/30/2023.



EVIDENCE CENTER

The Florida Chiropractic Association (FCA) is also a significant supporter of the Clinical Compass and is committed to funding our Evidence Center in a multi-year financial partnership. The Clinical Compass Evidence Center is a resource for our individual and state association members that allows practicing chiropractors to find the most up-to-date research in 17 different treatment areas that include:

- 1.Low Back Pain
- 2.Neck Pain
- 3.Lower Extremity
- 4.Upper Extremity
- 5.Safety and Adverse Events
- 6.Non-Musculoskeletal Conditions
- 7.Integrative Care
- 8.Wellness, Prevention, and Health Promotion
- 9.Headaches
- 10.Pregnancy and Labor
- 11.Pediatrics
- 12.Geriatrics
- 13.Soft Tissue Care
- 14.Diagnostic Imaging
- 15.Cost Effectiveness
- 16.Opioids
- 17.Dry Needling



The Clinical Compass is also focused on achieving our mission by helping our state association partners with continuing education and special advisory or advocacy projects, as well as literature reviews. Here are a few of the projects on which we have recently collaborated:

- State Medicaid pilot project - Alaska Chiropractic Society.
- Dry Needling Scoping Review of the Literature - Alabama State Chiropractic Association.
- HEDIS cost measure for imaging complicated low back pain - Florida Chiropractic Association.

If your state association would like to have presentations about Clinical Practice Guidelines, please reach out to us for more information. We are developing multiple presentations around Best Practices and are excited to partner with states to share this information with your membership.

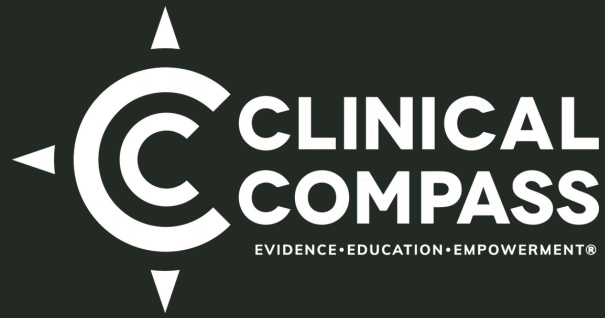
We are also focused on current and future projects. Our Scientific Commission is working on a Cost Effectiveness paper and is currently developing an early draft of the publication. We also recently received word that our updated Lower Back Pain paper has officially been accepted by JMPT and will be published soon. The Scientific Commission also recently participated in a paper on Pediatrics with the American Chiropractic Association and Australian Chiropractic Association.

FUTURE PROJECTS

Future projects include working on an Informed Consent document for the use of X-Rays, and we are narrowing down a list of topics on which to focus in the next year that, include publishing a paper on the chiropractic management of headaches or extremities. We have also discussed creating multiple white papers, updating a terminology paper, and collaborating with various groups, including Women in Chiropractic and the American Black Chiropractic Association.



Clinical Compass will continue to sponsor and support the Chiropractic Educators Research Forum (CERF), the Chiropractic Academy of Research Leadership (CARL), and other efforts to provide scholarship funding for students engaged in research.



THANK YOU!

We'd like to thank all our contributors for making these advances possible and invite others to join us in these efforts.

[Click here to join the Clinical Compass and support the development of Clinical Practice Guidelines for the Chiropractic Profession.](#)